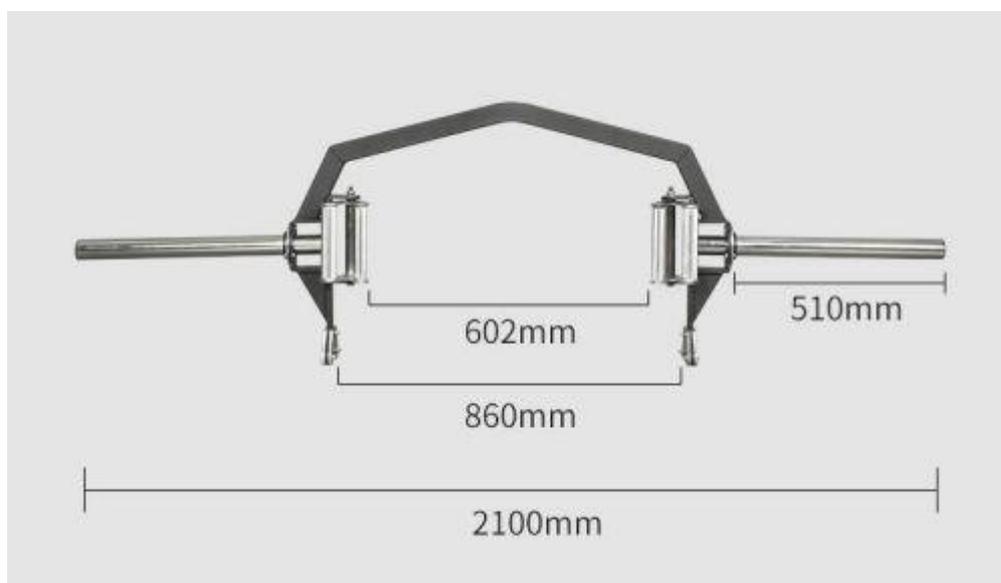




open hex bar

open hex bar Athletes can enter and exit the bar with ease, and the open shape allows for a greater range of motion, offering a wider range of exercises such as lunges and carries. The bars design offers an integrated loading jack, which raises the loadable barbell sleeves high enough to allow for easy loading and unloading of bumper plates. The textured matte

black powder coated frame, and hardened chrome sleeves ensure an extremely durable and corrosion resistant bar. The Open Hex Bar 2.0 features two knurled handles, at alternate heights, either side of the bar. The narrower handles are 30mm in diameter and offer up a grip that is similar to a barbell & dumbbell, were as the broader handles are 50mm in diameter and are great for improving grip and forearm strength.



Rizhao good crossfit co.,ltd

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open hex bar

Item name	Open Safty hex trap bar
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www.goodgymfitness.com

Material	Steel
Type	2" sleeve for OP dish
Color	black matt+chromed
Logo	Customized Logo Availabled
Packing	1set/carton

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